

Are YOU!

Are you advocating for your child?

Mama, no one knows your child better than you - and your voice is powerful! Whether it's at IEP meetings, doctor's appointments, or in everyday life, **you are your child's biggest advocate.**

Ask yourself:

- ✓ Am I speaking up for the support my child needs?
- ✓ Do I feel confident in my role as an advocate?
- ✓ Am I staying informed and connected to resources?

Why is advocating for your child important?

KNOWING YOUR LIMITS & SETTING BOUNDARIES

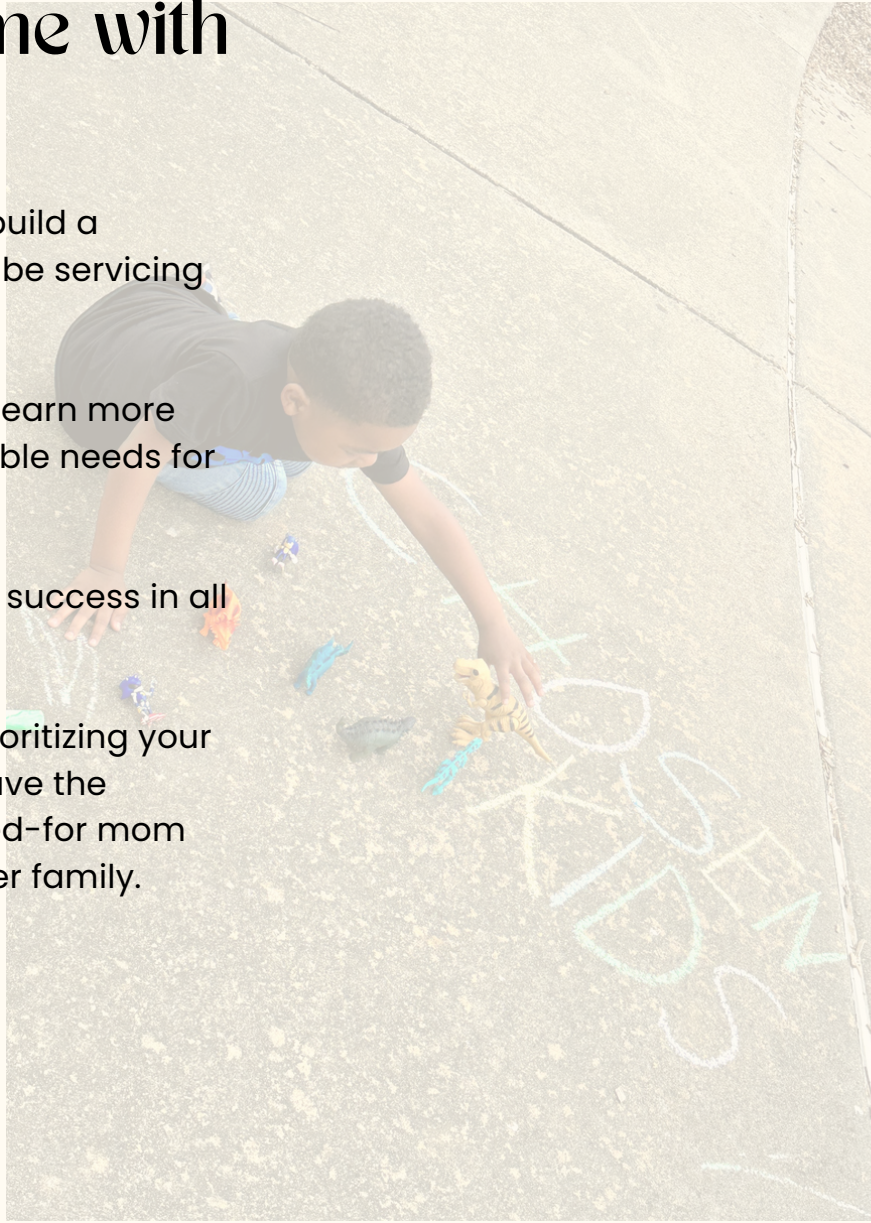
1. IT SHOWS THAT YOU ARE PRESENT AS A PARENT.
2. IT ALLOWS YOUR CHILD TO HAVE A VOICE THROUGH YOU.
3. IT SHOWS THE CHILD THAT YOU SUPPORT THEM.

we're so glad you're here!
-Ebony

What benefits come with advocating?

1. It allows the parent/guardian to build a relationship with the team that will be servicing the child.
2. It allows the parent/guardian to learn more about their child's needs and possible needs for the future.
3. It allows the child to be set up for success in all areas of their life.

Remember, you're not failing by prioritizing your well-being—you're ensuring you have the strength to keep going. A well-cared-for mom can better support her child and her family.



Encouragement for the Journey

Remember, you don't have to do this alone. You are strong, capable, and the best mom for the job. Keep pushing forward, your advocacy makes a difference!

Work with us today

LET'S CHAT!

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